

# Washington Behavioral Risk Factor Surveillance System

## 2003 Tobacco Survey Results

*Cowlitz County*

### What is your age?

n = 201

18 - 34	33.0%	(± 8.3%)
35 - 54	48.8	(± 8.1)
55 - 74	14.3	(± 4.7)
75+	3.9	(± 2.4)

### Gender

n = 201

Male	46.9%	(± 8.2%)
Female	53.1	(± 8.2)

### Which one of these groups would you say best represents your race...

n = 199

White	93.9%	(± 3.9%)
Black or African American	0.0	(± 0.0)
Asian	0.9	(± 1.8)
Native Hawaiian or Other Pacific Islander	0.3	(± 0.6)
American Indian, Alaska Native	2.6	(± 2.5)
Other race	1.8	(± 2.2)
No preferred race	0.4	(± 0.8)

### Are you Hispanic or Latino/Latina?

n = 201

Yes	4.2%	(± 3.3%)
No	95.8	(± 3.3)

### Marital status

n = 200

Married	57.6%	(± 8.2%)
Divorced	7.6	(± 3.1)
Widowed	5.5	(± 2.7)
Separated	3.3	(± 3.4)
Never been married	19.9	(± 7.7)
Or a member of an unmarried couple	6.1	(± 4.1)

### How many children less than 18 years of age live in your household?

n = 200

None	49.9%	(± 8.1%)
1	23.8	(± 7.0)
2	14.3	(± 5.5)
3 or more	12.0	(± 6.3)

### What is the highest grade or year of school you completed?

n = 198

Some high school or less	13.2%	(± 5.9%)
High school graduate or GED	30.5	(± 7.8)
Some college or technical school	36.0	(± 7.7)
College graduate or more	20.4	(± 6.2)

\* Estimates based on sample sizes less than 50 were omitted.

<b>Are you currently. . .</b>	n = 198	
Employed for wages	60.1%	(± 7.9%)
Self-employed	5.9	(± 4.2)
Out of work	8.6	(± 4.7)
Homemaker	10.2	(± 4.4)
Student	2.0	(± 3.1)
Retired	8.4	(± 3.5)
Or unable to work	5.0	(± 3.2)

<b>Annual household income from all sources</b>	n = 182	
Less than \$20,000	21.5%	(± 7.9%)
\$20,000 to less than \$50,000	34.3	(± 7.6)
\$50,000 or more	44.2	(± 8.4)

<b>Have you smoked at least 100 cigarettes in your entire life?</b>	n = 301	
Yes	48.5%	(± 6.5%)
No	51.6	(± 6.5)

<b><i>Among those that have smoked at least 100 cigarettes in their entire life:</i></b>		
<b>Do you now smoke cigarettes everyday, some days, or not at all?</b>	n = 158	
Everyday	37.7%	(± 8.5%)
Some days	9.9	(± 5.4)
Not at all	52.5	(± 8.7)

<b><i>Among current smokers:</i></b>		
<b>During the past 12 months, have you stopped smoking for 1 day or longer because you were trying to quit smoking?</b>	n = 73	
Yes	60.8%	(± 12.8%)
No	39.2	(± 12.8)

<b>Current cigarette smoking prevalence:</b>	n = 300	
(every day or some day smokers among the whole population)	23.0%	(± 5.2%)

<b><i>Among those that have smoked at least 100 cigarettes:</i></b>		
<b>Did you smoke any cigarettes during the past 30 days?</b>	n = 96	
Yes	53.7%	(± 11.2%)
No	46.3	(± 11.2)

<b><i>Among those that have smoked in the past 30 days:</i></b>		
<b>On how many days of the past 30 days did you smoke cigarettes?</b>	n = 50	
Less than 30 days	26.5%	(± 13.8%)
30 days	73.5	(± 13.8)

<b><i>Among those that have smoked in the past 30 days:</i></b>		
<b>On average, about how many cigarettes per day do you smoke, on the days that you do smoke?</b>	n = 50	
Average:	13.6	(± 2.8)

\* Estimates based on sample sizes less than 50 were omitted.

<b>Have you ever tried using smokeless tobacco, like chew, dip or snuff?</b>	n = 196	
Yes	23.2%	(± 7.2%)
No	76.8	(± 7.2)

***Among those that have ever tried smokeless tobacco:***

<b>On how many of the past 30 days did you use smokeless tobacco products?</b>	n = 37	
None	*	*
Less than 30 days	*	*
30 days	*	*

<b>Current smokeless tobacco prevalence:</b>	n = 196	
(any use in past 30 days among the whole population)	3.5%	(± 3.5%)

<b>Do you currently smoke tobacco in a pipe?</b>	n = 196	
Yes	0.0%	(± 0.0%)
No	100.0	(± 0.0)

<b>In the past month, have you smoked a cigar, even just a puff?</b>	n = 196	
Yes	8.7%	(± 6.5%)
No	91.3	(± 6.5)

<b>In the past month, have you smoked bidis?</b>	n = 196	
Yes	0.0%	(± 0.0%)
No	100.0	(± 0.0)

<b>In the past month, have you smoked clove cigarettes?</b>	n = 196	
Yes	0.6%	(± 1.2%)
No	99.4	(± 1.2)

<b>Current tobacco use (all types of tobacco)</b>	n = 196	
Current daily tobacco user	30.6%	(± 7.9%)
Current non-tobacco user	69.4	(± 7.9)

***Among former smokers:***

<b>About how long has it been since you last smoked cigarettes regularly, that is, daily?</b>	n = 46	
Within the past month (less than 1 month ago)	*	*
Within the past 3 months (1-3 months ago)	*	*
Within the past 6 months (3-6 months ago)	*	*
Within the past year (6-12 months ago)	*	*
Within the past 5 years (1-5 years ago)	*	*
Within the past 15 years (5-15 years ago)	*	*
More than 15 years ago	*	*
Never used regularly	*	*

\* Estimates based on sample sizes less than 50 were omitted.

***Among former smokers:***

**When you last smoked cigarettes regularly, on average, how many cigarettes did you smoke per day?** n = 43

Average: \* \*

***Among current tobacco users:***

**In the past month, did you buy tobacco on a Native American reservation?** n = 57

Yes	9.0%	(± 7.7%)
No	91.0	(± 7.7)

***Among current tobacco users:***

**In the past month, did you buy tobacco from the Internet?** n = 57

Yes	1.0%	(± 2.0%)
No	99.0	(± 2.0)

***Among current tobacco users:***

**During the past month, did you buy tobacco outside the state to save money - not just because you were traveling?** n = 57

Yes	21.6%	(± 12.6%)
No	78.4	(± 12.6)

***Among current/former tobacco users:***

**People close to me are/were upset by my using tobacco.** n = 94

Strongly agree	43.5%	(± 12.0%)
Somewhat agree	13.0	(± 6.8)
Somewhat disagree	20.0	(± 9.0)
Or strongly disagree	23.5	(± 12.5)

***Among current/former tobacco users:***

**When was the last time a family member or friend advised you to quit, if ever?** n = 96

Within the past year (1-12 months)	46.5%	(± 12.3%)
Within the past three years (1-3 years)	3.2	(± 3.7)
3 or more years ago	21.8	(± 8.6)
They never advised me to quit	28.5	(± 10.9)

***Among current/former tobacco users:***

**When was the last time a DOCTOR or other healthcare provider advised you to quit, if ever?** n = 97

Within the past year (1-12 months)	33.6%	(± 11.0%)
Within the past three years (1-3 years)	5.9	(± 4.8)
3 or more years ago	19.6	(± 8.5)
They never advised me to quit	40.9	(± 12.4)

\* Estimates based on sample sizes less than 50 were omitted.

***Among current/former tobacco users:***

<b>When was the last time a DENTIST advised you to quit, if ever?</b>	n = 96	
Within the past year (1-12 months)	12.5%	(± 7.2%)
Within the past three years (1-3 years)	1.2	(± 1.8)
3 or more years ago	3.5	(± 4.0)
They never advised me to quit	82.8	(± 8.2)

***Among those advised to quit:***

<b>Did the health care professional who advised to quit offer any help, or refer you to a source of help to quit tobacco use?</b>	n = 66	
Yes	39.6%	(± 13.1%)
No	60.4	(± 13.1)

***Among current/former tobacco users:***

<b>How many times in your life have you seriously tried to quit using tobacco?</b>	n = 91	
0	9.9%	(± 7.9%)
1-2	52.3	(± 11.6)
3-5	24.5	(± 9.8)
6 or more	13.3	(± 7.4)

**About how long has it been since you last visited a DOCTOR for a routine  
checkup?**

n = 193

Within the past year (1-12 months ago)	73.5%	(± 7.0%)
Within the past two years (1-2 years ago)	15.2	(± 5.8)
Within the past 3 years (2-3 years ago)	1.1	(± 1.6)
Within the past 5 years (3-5 years ago)	4.4	(± 3.1)
5 or more years ago	4.7	(± 3.3)
Never	1.1	(± 1.5)

**What type of health coverage do you use to pay for most of your medical care? Is  
it coverage through. . .**

n = 163

Your employer	50.7%	(± 8.9%)
Someone else's employer	23.6	(± 8.4)
A plan that you or someone buys on your own	9.7	(± 5.2)
Medicare	10.3	(± 4.6)
Medicaid or Medical Assistance	4.6	(± 2.9)
The military, CHAMPUS, or the VA	1.2	(± 1.6)
The Indian Health Service	0.0	(± 0.0)
Some other source	0.0	(± 0.0)

***Among current and recent former smokers:***

<b>Within the past year, have you heard about any programs in your community to help you quit using tobacco, such as classes, support groups or counseling services?</b>	n = 52	
Yes	60.5%	(± 14.6%)
No	39.5	(± 14.6)

\* Estimates based on sample sizes less than 50 were omitted.

***Among current and recent former smokers:***

**Within the past year, did you participate in any kind of program, class or group to help you quit using tobacco?** n = 53

Yes	1.1%	(± 2.1%)
No	98.9	(± 2.1)

***Among current and recent former smokers with health care coverage:***

**Does your health care insurance coverage pay for the cost of any help to quit using tobacco, such as a stop-smoking program or nicotine patches, pills or other medications?** n = 40

Yes	*	*
No	*	*
Don't know/Not sure	*	*

***Among current and recent former smokers:***

**During the past year, did you use nicotine patches, pills or other medication to help you quit using tobacco?** n = 53

Yes	24.4%	(± 13.0%)
No	75.6	(± 13.0)

***Among current and recent former smokers:***

**Have you heard about the Washington State "Quit-Line" - a telephone support service to help people quit using tobacco?** n = 52

Yes	47.7%	(± 15.4%)
No	52.3	(± 15.4)

***Among current and recent former smokers who have heard of the "Quit-Line":***

**Have you called the Quit line?** n = 25

Yes	*	*
No	*	*

***Among current tobacco users:***

**Would you like to quit using tobacco?** n = 53

Yes	65.7%	(± 15.3%)
No	34.3	(± 15.3)

***Among current tobacco users who would like to quit:***

**Are you seriously considering quitting tobacco use within the next 6 months?** n = 35

Yes	*	*
No	*	*

***Among current tobacco users considering quitting within 6 months:***

**Are you planning to stop within the next 30 days?** n = 35

Yes	*	*
No	*	*
Don't know/Not sure	*	*

\* Estimates based on sample sizes less than 50 were omitted.

<b>Are you currently registered to vote?</b>	n = 192	
Yes	82.7%	(± 6.7%)
No	17.3	(± 6.7)

<b>Which of the following statements best describes the rules about smoking in your home. . .</b>	n = 194	
No one is allowed to smoke anywhere inside your home	79.3%	(± 7.0%)
Smoking is allowed at some places or at some times	10.7	(± 5.3)
Smoking is permitted anywhere inside your home	10.0	(± 5.4)

<b>How many people, including you, who live in your household currently smoke cigarettes, cigars, or pipes?</b>	n = 196	
No current smokers in household	62.6%	(± 7.9%)
1	21.3	(± 6.4)
2	12.7	(± 5.8)
3 or more	3.3	(± 3.4)

<b>On how many of the past 30 days has someone, including you, smoked cigarettes, cigars, or pipes anywhere inside your home?</b>	n = 194	
None	82.5%	(± 6.8%)
Less than 30	5.9	(± 3.4)
30 days	11.7	(± 6.3)

<b>If it were just up to you, would you let people smoke inside your home?</b>	n = 193	
Yes	10.2%	(± 4.3%)
No	89.8	(± 4.3)

***Among people who are currently employed for wages:***

<b>When you are at work, do you spend most of your time in an. . .</b>	n = 121	
Office	27.0%	(± 8.6%)
Store	10.7	(± 6.2)
Restaurant or Bar	9.3	(± 8.6)
Warehouse or factory	9.5	(± 6.2)
Home/Someone elses home	5.3	(± 4.7)
Outdoors	12.7	(± 6.9)
Car or truck	8.2	(± 5.4)
Classroom	12.5	(± 7.0)
Hospital	4.3	(± 3.2)
Somewhere else	0.6	(± 1.3)

***Among people who are currently employed for wages:***

<b>Is smoking allowed in any of the following areas at your workplace. . . Some or all indoor work areas?</b>	n = 121	
Yes	13.0%	(± 7.4%)
No	87.0	(± 7.4)

\* Estimates based on sample sizes less than 50 were omitted.

***Among people who are currently employed for wages:***

**Is smoking allowed in any of the following areas at your workplace. . . Employee lunchrooms or lounges?** n = 118

Yes	5.1%	(± 4.3%)
No	94.9	(± 4.3)

***Among people who are currently employed for wages:***

**Is smoking allowed in any of the following areas at your workplace. . . A different designated indoor smoking area?** n = 117

Yes	8.9%	(± 6.1%)
No	91.1	(± 6.1)

***Among people who are currently employed for wages:***

**In a typical week, how many hours would you say that you are in a room or car with secondhand smoke while you are at work?** n = 115

None	83.6%	(± 7.6%)
Less than one hour	7.6	(± 5.5)
One hour or more	8.9	(± 5.7)

**In general, would you say that breathing secondhand smoke is. . .** n = 191

Not at all annoying to you	10.6%	(± 5.0%)
A little bit annoying	12.4	(± 5.2)
Somewhat annoying	26.1	(± 7.2)
Very annoying to you	50.9	(± 8.3)

**Would you say that breathing secondhand smoke is. . .** n = 190

Not at all harmful	1.4%	(± 2.0%)
A little bit harmful	6.3	(± 4.4)
Somewhat harmful	20.2	(± 6.5)
Very harmful	72.1	(± 7.5)

**All people should be protected from secondhand smoke.** n = 183

Strongly agree	63.3%	(± 8.1%)
Somewhat agree	20.5	(± 6.6)
Somewhat disagree	8.4	(± 4.6)
Strongly disagree	7.9	(± 4.9)

**All children should be protected from secondhand smoke.** n = 190

Strongly agree	91.7%	(± 4.2%)
Somewhat agree	3.7	(± 2.5)
Somewhat disagree	3.5	(± 3.1)
Strongly disagree	1.2	(± 1.7)

**Do you think that smoking should be completely banned in restaurants?** n = 195

Yes	71.5%	(± 7.1%)
No	25.1	(± 6.9)
Don't know/Not sure	3.4	(± 2.4)

\* Estimates based on sample sizes less than 50 were omitted.



<b>Do you think that smoking should be completely banned in bars and lounges?</b>		n = 192
Yes	37.2%	(± 8.3%)
No	56.5	(± 8.4)
Don't know/Not sure	6.2	(± 3.6)

<b>Do you think that smoking should be completely banned in outdoor public areas where children may be present?</b>		n = 194
Yes	56.9%	(± 7.9%)
No	39.5	(± 7.8)
Don't know/Not sure	3.5	(± 2.3)

<b>Local law enforcement officials should place a high priority on enforcing laws that ban the possession of tobacco products by minors.</b>		n = 191
Strongly agree	60.6%	(± 8.2%)
Somewhat agree	21.1	(± 6.8)
Somewhat disagree	13.2	(± 6.1)
Strongly disagree	5.1	(± 3.6)

<b>The city or town where you live should establish as many strong rules and laws as possible to protect nonsmokers, including children, from secondhand smoke.</b>		n = 188
Strongly agree	55.9%	(± 8.3%)
Somewhat agree	26.1	(± 7.3)
Somewhat disagree	8.2	(± 4.4)
Strongly disagree	9.8	(± 4.5)

<b>School officials should make sure that all children receive anti-tobacco education.</b>		n = 192
Strongly agree	85.3%	(± 5.6%)
Somewhat agree	11.4	(± 4.9)
Somewhat disagree	1.5	(± 2.1)
Strongly disagree	1.8	(± 2.0)

<b>Tobacco use by adults should not be allowed on school grounds or at any school events.</b>		n = 189
Strongly agree	84.6%	(± 6.1%)
Somewhat agree	8.9	(± 4.5)
Somewhat disagree	2.9	(± 3.3)
Strongly disagree	3.5	(± 3.3)

<b>Have you seen or heard about any efforts or activities in your community or in schools to prevent or reduce tobacco use among youth?</b>		n = 185
Yes	50.4%	(± 8.4%)
No	49.6	(± 8.4)

\* Estimates based on sample sizes less than 50 were omitted.

***Among people who have seen or heard of community efforts/activities:***

**Have you participated in any efforts or activities in your community or in schools to help reduce tobacco use among youth?** n = 113

Yes	19.7%	(± 8.7%)
No	80.3	(± 8.7)

***Among people who have seen or heard of community efforts/activities:***

**To your knowledge, has there been a local anti-tobacco or anti-smoking organization working in your community over the past few years?** n = 114

Yes	29.6%	(± 9.5%)
No	49.2	(± 10.5)
Don't know/Not sure	21.2	(± 8.0)

***Among people who know of anti-tobacco organizations in their community:***

**Do you approve of what this local organization is doing to prevent tobacco use and help people quit?** n = 32

Definitely yes	*	*
Probably yes	*	*
Probably no	*	*
Definitely no	*	*

**There are more negative things than positive things about smoking.**

n = 189

Strongly agree	89.6%	(± 5.6%)
Somewhat agree	7.6	(± 5.1)
Somewhat disagree	2.6	(± 2.6)
Strongly disagree	0.2	(± 0.4)

**Smoking sometimes makes a person more attractive.**

n = 190

Strongly agree	1.3%	(± 1.5%)
Somewhat agree	0.0	(± 0.0)
Somewhat disagree	8.2	(± 4.1)
Strongly disagree	90.5	(± 4.3)

**There are so many things that cause cancer, tobacco use is not going to make any difference.**

n = 186

Strongly agree	6.3%	(± 4.3%)
Somewhat agree	9.4	(± 5.1)
Somewhat disagree	8.0	(± 5.2)
Strongly disagree	76.3	(± 7.6)

**Would you ever use or wear something that has a tobacco company logo or picture on it?**

n = 190

Yes	25.2%	(± 7.2%)
No	74.8	(± 7.2)

\* Estimates based on sample sizes less than 50 were omitted.

<b>Do you currently have a piece of clothing, or other item that has a tobacco brand or logo on it?</b>	n = 193	
Yes	14.0%	(± 5.7%)
No	86.0	(± 5.7)

<b>During the past year, have you received a free sample or coupon for a free sample of cigarettes or other tobacco products?</b>	n = 191	
Yes	18.7%	(± 6.3%)
No	81.3	(± 6.3)

<b>During the past year have you been somewhere, such as concert or special event, where tobacco companies were having a promotion - for example, giving away free samples or having a special give-away?</b>	n = 192	
Yes	19.3%	(± 7.6%)
No	80.7	(± 7.6)

<b>Tobacco companies should have the same rights to advertise their products as other companies.</b>	n = 188	
Strongly agree	29.9%	(± 7.6%)
Somewhat agree	28.6	(± 7.4)
Somewhat disagree	14.1	(± 5.8)
Strongly disagree	27.4	(± 7.9)

***Among people with children ages 12 to 17:***

<b>Which of the following best describes the way you have discussed the dangers of tobacco use with your child. . .</b>	n = 44	
We have talked about the dangers of tobacco use many times	*	*
We have had at least one conversation that I can remember	*	*
I don't remember a specific conversation, but my child knows how I feel	*	*
For now, I have not talked with my child about the dangers of tobacco use	*	*

***Among people with children ages 12 to 17:***

<b>Have you told your child specifically that you do not want him or her to use tobacco?</b>	n = 44	
Yes	*	*
No	*	*

\* Estimates based on sample sizes less than 50 were omitted.